ADVANCES IN CLINICAL PSYCHIATRY 2016:
Treatment-Refractory Depression

Friday, October 7, 2016

Baylor College of Medicine
Bobby R. Alford Education Center
McNair Campus | 7200 Cambridge Street
Houston, TX 77030

Activity Director • John M. Oldham, M.D., M.S.

Co-provided by

Register Online at BaylorCME.org/CME/1522
Activity Planning Committee

John M. Oldham, M.D., M.S. | Activity Director
David B. Arciniegas, M.D.  ■ William P. Gaupp, M.B.A.  ■ Thomas R. Kosten, M.D.
James W. Lomax II, M.D.

Activity Faculty

Faculty are affiliated with the Baylor College of Medicine (BCM)
Menninger Department of Psychiatry and Behavioral Sciences, Houston, Texas, unless noted otherwise.

Chadi Calarge, M.D.
Associate Professor of Psychiatry and Behavioral Sciences

Wayne K. Goodman, M.D.
Professor and Chair of Psychiatry and Behavioral Sciences

Sanjay J. Mathew, M.D.
Associate Professor of Psychiatry and Behavioral Sciences

Ziad H. Nahas, M.D.
Professor and Chair, Department of Psychiatry
American University of Beirut Medical Center
Beirut, Lebanon

Andrew A. Nierenberg, M.D.
Professor of Psychiatry, Harvard Medical School
Director, Bipolar Clinic Research Program
Associate Director, Depression Clinical Research Program
Massachusetts General Hospital
Boston, Massachusetts

John M. Oldham, M.D., M.S.
Professor of Psychiatry and Behavioral Sciences
Barbara and Corbin Robertson Jr. Endowed Chair for Personality Disorders

Ramiro Salas, Ph.D.
Associate Professor of Psychiatry and Behavioral Sciences

Daryl I. Shorter, M.D.
Assistant Professor of Psychiatry and Behavioral Sciences
Needs Statement
Psychiatrists need the latest evidence-based recommendations for clinical decisionmaking, as well as practical information for assessing and treating disorders they commonly encounter in practice. This critical need is supported by the 2008 Institute of Medicine (IOM) report on evidence-based medicine. The IOM report indicates a widening gap between a clinician’s cognitive capacity and the number of facts that must be considered in a single clinical decision. The topics to be presented at this activity will focus on selected high-priority clinical issues that will help to address this growing challenge.

Target Audience
This activity is designed for specialists in psychiatry and may also be of interest to other health care and mental health professionals.

Objectives
At the conclusion of this activity, participants should be able to:

- Discuss standard strategies to determine the effectiveness of medication treatment of depression.
- Describe the role of neuroimmunology in treating treatment-refractory depression.
- Identify patients with treatment-refractory depression who have substance abuse problems.
- Discuss valid and reliable biomarkers for predicting treatment-refractory depression and a high risk of suicide.
- Explain the effectiveness of psychotherapy as a component of treatment for treatment-refractory depression.

Educational Methods
- Lecture

Evaluation
Evaluation by questionnaire will address program content, presentation, and possible bias.

Accreditation/Credit Designation
Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Fee, Registration and Confirmation Information

Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received. Your registration will be confirmed. If you have not received confirmation at least five business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately at CME@bcm.edu or call 713.798.8237.

If you plan to register on-site, contact the OCME at least 24 hours in advance to confirm activity status and space availability. The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

To register/pay online visit the activity website at BaylorCME.org/CME/1522 and follow the instructions.

Refund Policy/Cancellation

Requests for registration refunds must be in writing and received by the OCME at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a $50 administrative fee to be deducted from the paid registration fee to cover guarantees and other expenses. Requests should be emailed to cme@bcm.edu or faxed to 713.798.7955.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified by email to the address indicated on the registration form. If an activity is cancelled, the OCME’s liability is limited to the paid registration fee. If the registration payment was made by check, a Social Security number is required to process the refund.

Disclosure

To meet the requirements of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of the CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current, and objectively presented. Specific disclosure will be made to the participants before the educational activity.

Registration for, attendance at, and/or participation in this activity constitutes acknowledgement by the registrant/attendee/participant that photos may be made of the conference events and constitute agreement by the registrant/attendee/participant that Baylor College of Medicine may use and distribute in its publications, on its website, and in the conference proceedings, such photos that include the image of the registrant/attendee/participant.

By participating in the activity, the registrant/attendee/participant acknowledges that he/she agrees to these stipulations. Audio or videotaping is prohibited without written permission from the Activity Director and the Office of Continuing Medical Education, Baylor College of Medicine, Houston, Texas.
Friday, October 7, 2016

7:30 AM  Registration and Continental Breakfast

8:30  **Introduction**  
   John M. Oldham, M.D., M.S.

8:35  **Welcoming Remarks**  
   Wayne K. Goodman, M.D.

8:45  **Treatment-Resistant Depression: Current Concepts**  
   Andrew A. Nierenberg, M.D.

9:45  **Neuromodulation**  
   Ziad H. Nahas, M.D.

10:45  Break

11:15  **Depression and Substance Abuse**  
   Daryl I. Shorter, M.D.

12:15 PM  Lunch

1:30  **Treatment-Resistant Depression in Children and Adolescents**  
   Chadi Calarge, M.D.

2:30  **Use of Ketamine for Treatment-Refractory Depression**  
   Sanjay J. Mathew, M.D.

3:30  **Biomarkers for Treatment-Refractory Depression**  
   Ramiro Salas, Ph.D.

4:30  **Closing Remarks**  
   John M. Oldham, M.D., M.S.

4:45 Adjournment

Faculty, topics, program schedule, and credit are subject to change. Audio or videotaping is prohibited without written permission from the Activity Director and the OCME, Baylor College of Medicine, Houston, Texas.
Conference Location
Baylor College of Medicine
Bobby R. Alford Education Center
McNair Campus
7200 Cambridge Street
Houston, TX 77030

Hotel Accommodations
There are several hotels in close proximity to the conference location, including the following:
• The Marriott at the Texas Medical Center
• Hilton Houston Plaza–Medical Center
• Hotel ZaZa

Please note that room blocks have not been secured at any of these hotels. Participants are responsible for making their hotel arrangements.

Attire
Attire for the conference is business casual. Since meeting room temperatures and personal comfort levels vary, it is recommended that you bring a sweater or jacket.

Parking
Parking is available underground at the McNair Campus building. The cost for parking per day is $12.
TWO WAYS TO REGISTER

ONLINE: BaylorCME.org/CME/1522

MAIL: Baylor College of Medicine
Office of CME (1522)
P.O. Box 4708
Houston, TX 77210-4708

Registration Fees

- Physician .........................................................$350
- Psychologist ....................................................$250
- Nurse ...............................................................$250
- Social Worker ....................................................$250
- Other Healthcare Professional ................$250
- BCM Faculty .....................................................$150
- Menninger Staff ...............................................$150
- Student* ............................................................$75
- Resident* .........................................................$75
- Fellow* .............................................................$75
*Email verification of status within 24 hours to cme@bcm.edu.

(Please print clearly)

Name: ____________________________ First Middle Last

Degree: ____________________________ Please check if: ☐ Resident ☐ Fellow

Affiliation: ____________________________

Address: ____________________________

City: ____________________________ State: _______ ZIP Code: _______

Phone: ____________________________ Fax: ____________________________

Email: ____________________________

Specialty: ____________________________ Prof. License: ____________________________ No./State

Emergency Contact: ____________________________ Phone: ____________________________

Method of Payment (Your registration must be PREPAID.)

- Check or money order (in U.S. funds) made payable to: Baylor College of Medicine
- Visa® ☐ MasterCard® ☐ Discover® ☐ AMEX® ☐ $ ______________ Total Amount Enclosed

Card No. ____________________________ Exp. Date: ____________________________

Name on the Card: ____________________________

Authorized Signature: ____________________________

Special Requests: Contact Office of CME if you have any dietary needs (specify below) or any ADA accommodation needs.

For Official Use Only

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Date: ____________________________ Amount: ____________________________