

# Understanding Suicide: MORE THAN JUST THEORY

## ■ PURPOSE

In this one-day workshop participants will gain knowledge of contemporary theories of suicidal behavior and risk assessment; identify factors that exacerbate and diffuse suicidal intent; and discuss collaborative treatment approaches that facilitate disclosure of ideation and the navigation of recurrent suicidality. An understanding of the variable nature of suicidality and effective treatment approaches will facilitate enhanced therapeutic engagement in working with suicidal individuals.

## ■ LEARNING OBJECTIVES

1. Discuss contemporary theories of suicidal behavior
2. Describe epidemiology of suicidal behavior
3. Discuss risk assessment and warning signs
4. Identify factors that exacerbate and diffuse suicidal intent
5. Explain the variable nature of suicidal intent
6. Discuss collaborative treatment approaches that facilitate disclosure of ideation and navigate recurrent suicidality
7. Describe experiences of those bereaved by suicide

## ■ CONFERENCE LOCATION

University of St. Thomas (UST)  
Jerabeck Center, Second Floor, Scanlan Room  
4000 Mt. Vernon  
Houston, Texas 77006

Parking, \$2 (cash only), is conveniently located at Moran Center Parking Garage, West Alabama and Graustark Streets—just a short walk to the Jerabeck Center across the UST Campus Life Mall.



## ■ SCHEDULE—Friday, October 1, 2010

7-7:45 am	<b>Registration and continental breakfast</b> Plan to be seated by 7:45 am for the beginning of the conference.
7:45-8 am	<b>Welcome and announcements</b>
8-9:30 am	<b>Turning Points: A Suicide Attempt Survivor's Perspective on Navigating Recovery</b> , Terry Wise, JD
9:30-9:45 am	<b>Break</b>
9:45-10:15 am	<b>What Are the Warning Signs?</b> Pam Greene, PhD, RN
10:15-11:45 am	<b>Why People Die by Suicide</b> , Thomas Joiner, PhD
11:45 am-1 pm	<b>Lunch</b> —included in registration fee
1-2 pm	<b>Understanding the Fluid Nature of Suicide Risk: Worst Point Predictions</b> , M. David Rudd, PhD
2-2:15 pm	<b>Break</b>
2:15-3:45 pm	<b>Working With Suicidal Patients: What's New and Why It's Important</b> , Thomas E. Ellis, PsyD, ABPP
3:45-4 pm	<b>Conference summary</b> Complete evaluations and pick up certificates.

## ■ REGISTRATION

<b>Rates</b>	\$135 for mental health professionals \$100 for non-mental health professionals— <i>limited seating</i> \$80 for students— <i>limited seating</i>
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**Deadline** Wednesday, September 29

**Register online** [➤ MenningerClinic.com](#), [Calendar](#), [Conferences](#) & [Forums](#), October 1

## ■ REFUNDS

Refunds will only be provided when the registrant gives written notice to Menninger two weeks in advance of the conference.

## ■ YOUR FACULTY



Wise



Greene



Joiner



Rudd



Ellis

**Terry Wise, JD:** Widowed at 35 following her husband's death and after surviving a suicide attempt, Wise spent the next several years in treatment. A former trial attorney, she has since devoted her life to public speaking and writing. She is a frequent workshop instructor, speaking to the public and professionals on depression, grief, long-term care giving, suicide prevention and the recovery process. Wise is author of the book *Waking Up: Climbing Through the Darkness* that provides a road map for the restoration of emotional health and is in use at universities and crisis centers.

**Pam Greene, PhD, RN:** Chief nursing officer at Menninger, Dr. Greene takes a special interest in research, exploring the experiences of nurses who work with suicidal patients. She also travels throughout the country as a trainer in the assessment and management of suicide for the American Association of Suicidology and the Suicide Prevention Resource Center.

**Thomas Joiner, PhD:** The Robert O. Lawton Distinguished Professor of Psychology, Florida State University, Dr. Joiner focuses on the psychology, neurobiology and treatment of suicidal behavior and related conditions. Author of 15 books, including *Why People Die by Suicide* and *Myths and Misunderstandings About Suicidal Behavior*, and more than 400 peer-reviewed publications, he was awarded the Guggenheim Fellowship and Rockefeller Foundation's Bellagio Residency Fellowship for work on suicidal behavior. He is editor-in-chief of *Suicide & Life-Threatening Behavior* and an editor of the *Clinician's Research Digest* and the *Journal of Social & Clinical Psychology*.

**M. David Rudd, PhD:** As a practicing psychologist for 22 years, Dr. Rudd has had broad exposure to suicidal patients. He has conducted extensive research, including several randomized clinical trials for the use of cognitive-behavioral therapy with individuals experiencing suicide ideation. He has published more than 170 articles and chapters along with five books on suicidality, including the recently released *The Interpersonal Theory of Suicide*, which he cowrote with Dr. Joiner, K. VanOrden and T. Witte. He conducts national and international continuing education workshops on the assessment and management of high-risk patients.

**Thomas E. Ellis, PsyD, ABPP:** He is director of Menninger Psychology and principal investigator of the Menninger Suicide Prevention Research Project. In addition, he is a professor in the Menninger Department of Psychiatry & Behavioral Sciences, Baylor College of Medicine. His research and publications focus on the problem of suicide, including cognitive characteristics of suicidal individuals and effectiveness of psychotherapeutic interventions. Dr. Ellis' latest book is an edited volume, *Cognition and Suicide: Theory, Research and Therapy*. He also co-wrote the books *Suicide Risk: Assessment and Response Guideline* and *Choosing to Live: How to Defeat Suicide Through Cognitive Therapy*.



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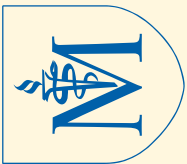
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Understanding Suicide:  
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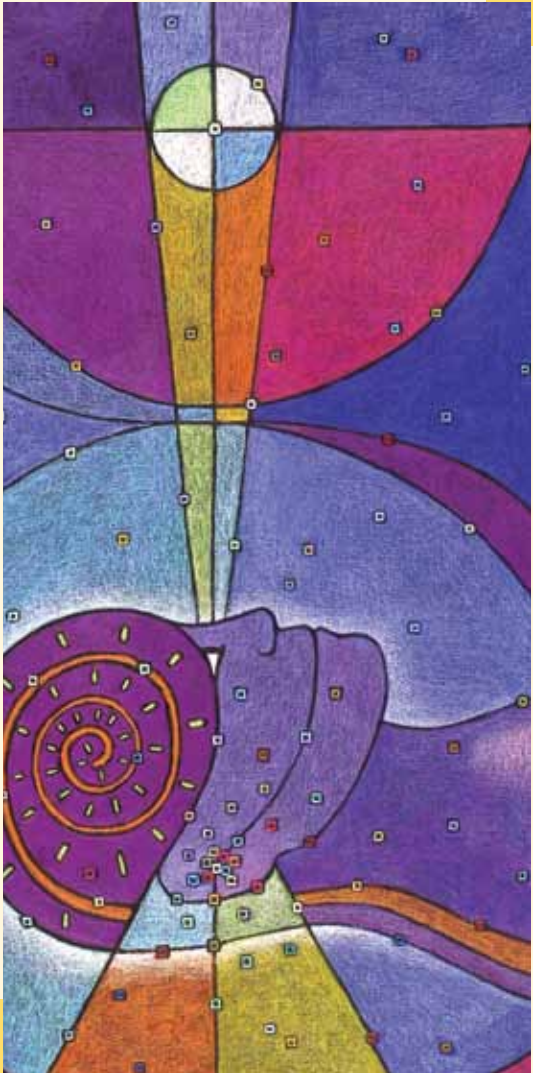


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### CONTINUING EDUCATION CREDIT

Six (6) contact hours for the conference Understanding Suicide: More Than Just Theory have been designated by The Menninger Clinic for physicians, psychologists, social workers and counselors.

Nursing contact hours have been applied for through the Texas Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The Menninger Clinic and Mental Health America of Greater Houston. The Menninger Clinic is accredited by ACCME to provide continuing medical education for physicians.

The Menninger Clinic designates this educational activity for a maximum of six (6) AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in this activity.

### FOR MORE INFORMATION

If you have questions or would like additional information about the event, please call Allison Gabbard, Education Office at The Menninger Clinic.

713-275-5313 or toll free 800-351-9058, ext. 5313

### CONFERENCE SPONSORS

For nearly 60 years, Mental Health America of Greater Houston has worked with all sectors of Houston to share knowledge about mental illnesses. Our goals are to create awareness about important issues in mental health, to explore ways to improve access to services and to build a culture of care where mental health is treated equally and routinely as part of a person's total health. For information, visit: mhahouston.org

The Menninger Clinic is a psychiatric hospital for assessment and treatment of adolescents and adults with complex brain and behavioral disorders. For 20 consecutive years, *U.S. News & World Report* has ranked Menninger among the top 10 psychiatric hospitals. Menninger is building a new hospital campus to open in 2013. As an affiliate of Baylor College of Medicine (BCM), Menninger serves as a primary teaching hospital and offers continuing education programs locally and nationally. In research, The Clinic collaborates with BCM and other national experts.